



Motivational Interviewing: Train-the-Facilitator Part 1

Presented by Elizabeth Morrison Consulting

September 17, 2026



Disclosure

CPCA staff and speakers have reviewed all financial relationships with ineligible companies and the presenters have no relevant financial relationships to disclose.



Welcome

While we're waiting, please rename yourself.

RENAME YOURSELF

- 1 **Click** the Participants icon
- 2 **Hover** over your name & click rename
- 3 **Add** your name, pronouns, and organization
- 4 **Click** OK

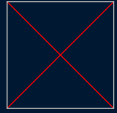
**Please no acronyms*

ON PHONE AUDIO?

Here's how to connect.

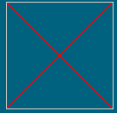
- 1 Find your participant ID in the top-left of your Zoom window.
- 2 Press #number# (e.g., #24321#) to connect.
- 3 You'll see: "You are now using your audio for your meeting."

Housekeeping Reminders



Mute

We'll mute lines during the presentation to prevent background noise.



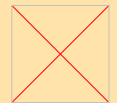
Questions

Submit questions using the chat feature or unmute and ask!



Slides + Recording

Slides and recording will be posted to PopHealth Website and emailed out after the session.



Tech Issues

Private chat **Kathleen Figoni** for assistance.

Continuing Education Credit (CEC)

In support of improving patient care, the Learning Center has partnered with the California Primary Care Association (CPCA) to provide continuing education for the healthcare team:

- Accreditation Council for Continuing Medical Education (ACCME)
- Accreditation Council for Pharmacy Education (ACPE)
- American Nurses Credentialing Center (ANCC)

To Receive Credit:

You will need to fill out the evaluation that will be shared at the end of this session.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION



Continuing Education Credit (CEC) for Physicians

Credit Type	Profession	Accreditation Statement
AMA PRA Category 1™ (CME)	Physicians	In support of improving patient care, this activity has been planned and implemented by the Population Health Learning Center and the California Primary Care Association. The California Primary Care Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity is approved for 1.5 AMA PRA Category 1™ Credit.

To Receive Credit:

You will need to fill out the evaluation that will be shared at the end of this session.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION



Continuing Education Credit (CEC) for Nurses

Credit Type	Profession	Accreditation Statement
Nursing ANCC	Nurses	In support of improving patient care, this activity has been planned and implemented by the Population Health Learning Center and the California Primary Care Association. The California Primary Care Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. This activity is approved for 1.5 ANCC contact hour.

To Receive Credit:

You will need to fill out the evaluation that will be shared at the end of this session.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION



Continuing Education Credit (CEC) for Social Workers

Credit Type	Profession	Accreditation Statement
ASWB ACE Credits	Social Workers	In support of improving patient care, this activity has been planned and implemented by the Population Health Learning Center and the California Primary Care Association. The California Primary Care Association is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) . Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course will receive 1.5 credit.

To Receive Credit:

You will need to fill out the evaluation that will be shared at the end of this session.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION



Introduce Yourself in the Chat

IN YOUR MESSAGE, INCLUDE:

1

Your Name

First and last

2

Your Role

e.g. Medical Director, Care Manager

3

Your Organization

Practice Name

4

What brings you here today?

Tell us one thing you're hoping to walk away with.

PopHealth Learning Center's Zoom Meeting



Everyone



New chat

You To Everyone · 10:32 AM

Kathleen Figoni

Senior Program Manager, Learning Center

Learn and practice communication techniques



Who can see your messages?

Message everyone

T



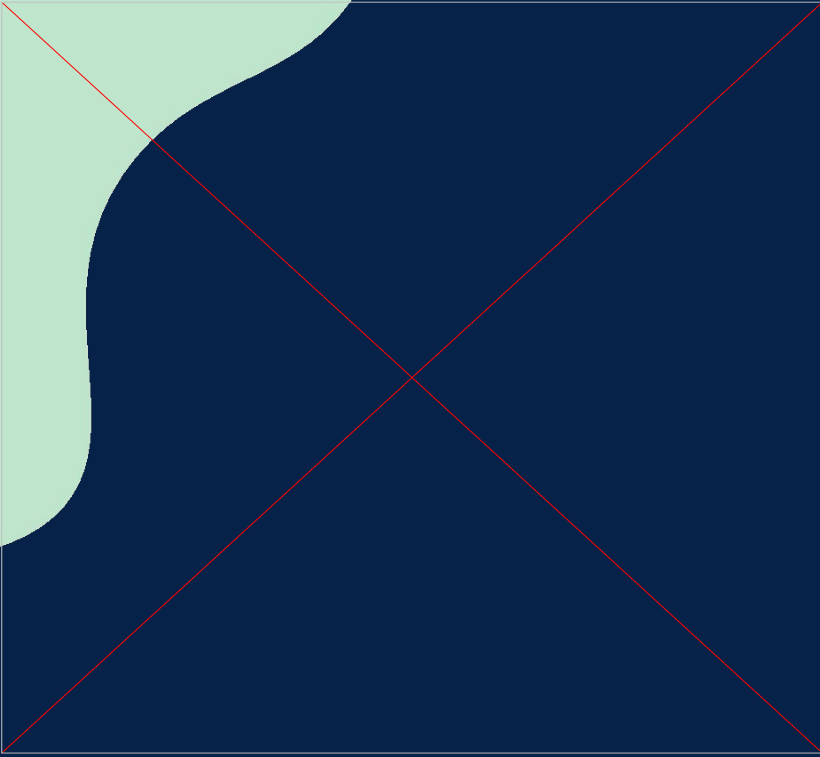
GIF



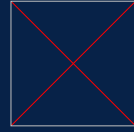


EM CONSULTING

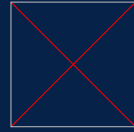
Hello Future Facilitators!



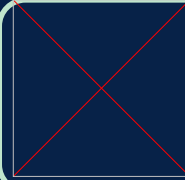
Today



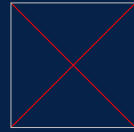
Check-in & Self-Assessment



Relationship-Based Learning Practices



Components of Effective Workshops



Discussion & Homework ;-)



What made you want to
be an MI Facilitator?

How confident are you,
in facilitation?

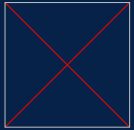


What is the best
'training' you've ever
done....

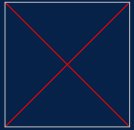
Why?



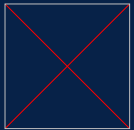
Relationship-Based Learning



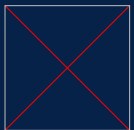
Modeling for Social Learning



Topic matches how we are training



Participants feel **cared about, respected & energized**



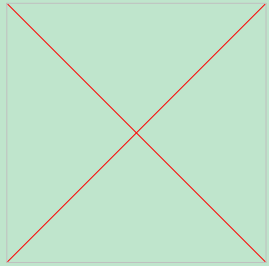
People can recognize what they **already know**



Components of Effective Workshops

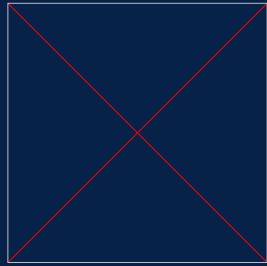


1



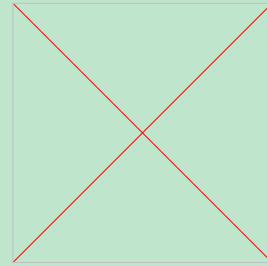
Connection
with
Participants

2



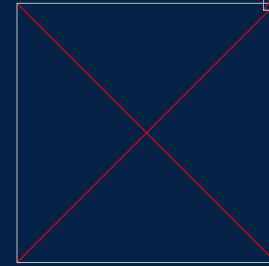
Respect for
Participants

3



Confidence
& Credibility
in the
Subject

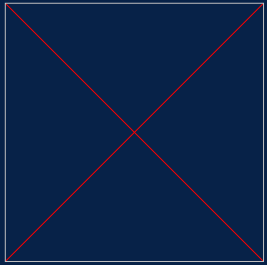
4



Fascination
& Energy
for the
Subject

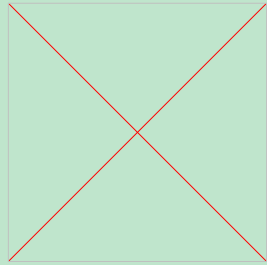


5



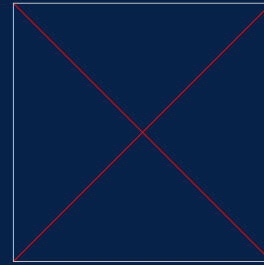
A
Compelling
WHY for the
Sessions

6



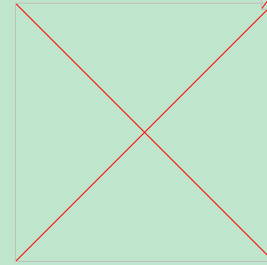
Creating
Environmenta
l Empathy

7



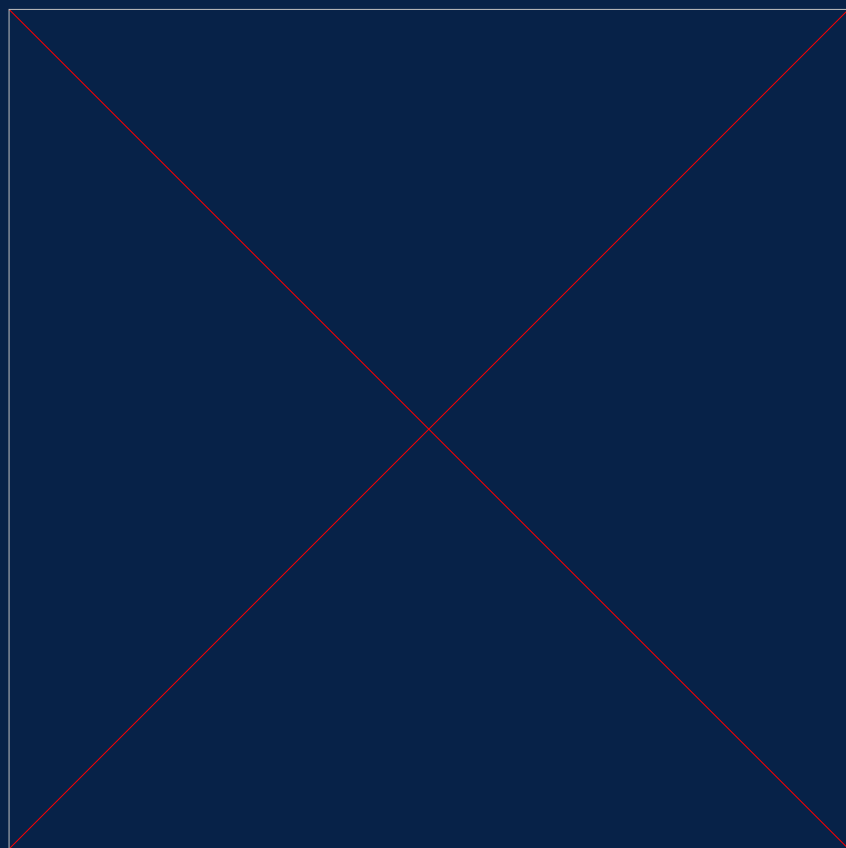
Ratio of
Presenting
to Practice

8



Facilitating
Effective
Practice





Preparing for Practice Next Week:

1

Review your
slide section

2

Customize,
personalize

3

Practice delivering
with friendlies

4

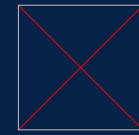
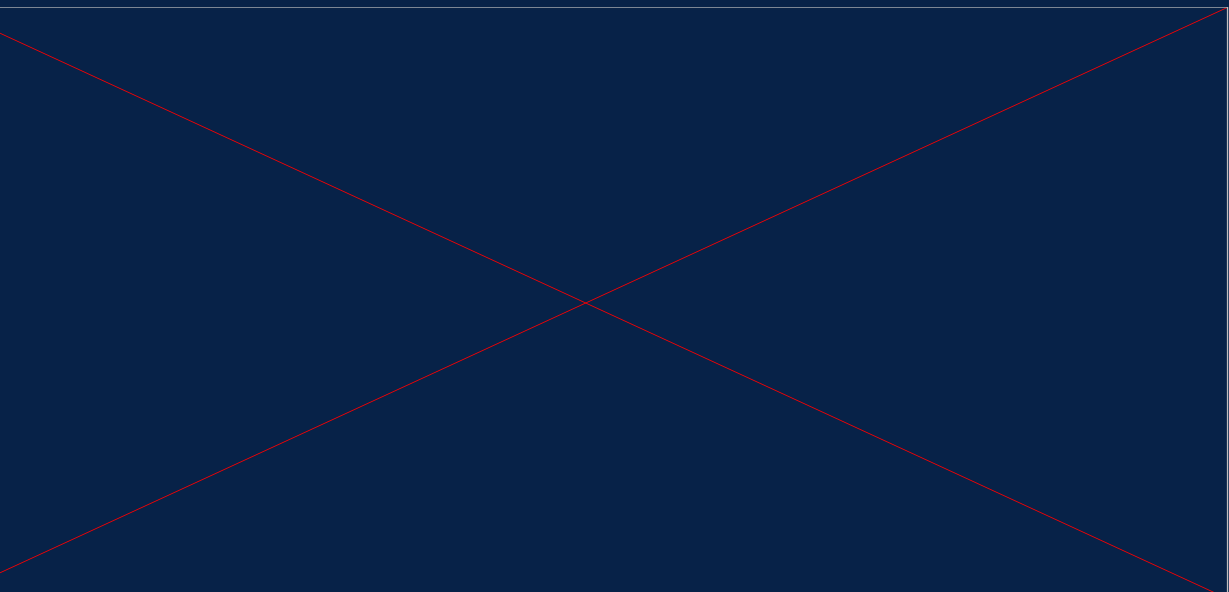
Set up an exercise

5

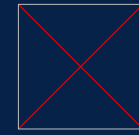
Get feedback!



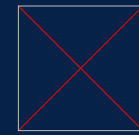
Part 2



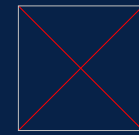
Stories & Examples - Practice



Using Research- Practice



Setting Up Practices - Practice



Facilitation – Practice Debrief

Choose your Practice Section!





Close & Next Steps

Evaluation

We want to hear from you! Please share your experience & reflections from today's wel

Please fill out the evaluation.

Choose **Motivational
Interviewing Foundations**
Thursday, September 17 as the
date.

**When completing the
evaluation, you will need to
confirm that you would like to
receive CECs and provide the
necessary information to
receive them.**

The link will be posted in
the chat and shared in the
follow up email.

Would you like Continuing Education Credits? *

☒ Yes
☐ No

What type of CECs are you requesting? *

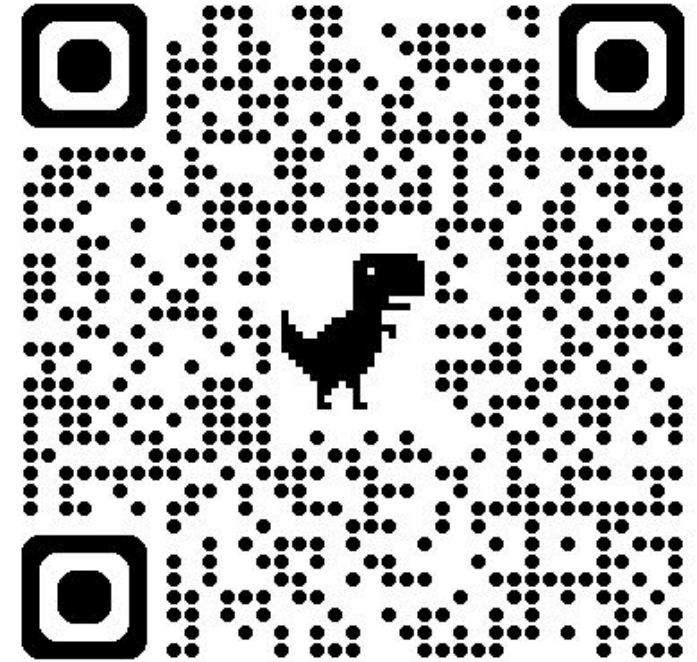
What is your license number? *

First Name *

Last Name *

Email *

Organization *



<https://app.smartsheet.com/b/form/019f7830a3827b3fba32d243786c2f72>

Key Reminders

1	Learning Communities	Please register for our Final Learning Community Part 1 & Part 2 Part 1 (select one) • Session A: Tuesday, September 29 3:00 – 5:00PM • Session B: Thursday, October 1 11:00 – 1:00PM Part 2 (select one) • Session A: Tuesday, October 6 3:00 – 5:00PM • Session B: Thursday, October 8 11:00 – 1:00PM
2	Final Submission Cycle	October 1, 2026 the final submission cycle opens and closes November 2, 2026
3	Office Hours	Our next office hours will be topic specific Health Related Social Nees September 23, 12:00 – 1:00PM
4	1:1 Coaching	30 minute 1:1 coaching sessions, available for BH, HRSN and VBP only, running now through the end of September.



Thank you!