PopHealth LEARNING CENTER

Motivational Interviewing:

Train-the-Facilitator Part 2

Presented by Elizabeth Morrison Consulting

October 15, 2026



Disclosure

CPCA staff and speakers have reviewed all financial relationships with ineligible companies and the presenters have no relevant financial relationships to disclose.



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Continuing Education Credit (CEC) for Physicians

Credit Type	Profession	Accreditation Statement
AMA PRA Category 1TM (CME)	Physicians	In support of improving patient care, this activity has been planned and implemented by the Population Health Learning Center and the California Primary Care Association. The California Primary Care Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. **This activity is approved for 1.5 AMA PRA Category 1TM Credits.**

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INTERPROFESSIONAL CONTINUING EDUCATION

ACE
ASWB approved continuing education

California Primary Care ASSOCIATION

To Receive Credit:

- You will need to fill out the evaluation that will be shared at the end of this session.

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Continuing Education Credit (CEC) for Nurses

Credit Type	Profession	Accreditation Statement
Nursing ANCC	Nurses	In support of improving patient care, this activity has been planned and implemented by the Population Health Learning Center and the California Primary Care Association. The California Primary Care Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. **This activity is approved for 1.5 ANCC contact hours.**

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Continuing Education Credit (CEC) for Social Workers

Credit Type	Profession	Accreditation Statement
ASWB ACE Credits	Social Workers	In support of improving patient care, this activity has been planned and implemented by the Population Health Learning Center and the California Primary Care Association. The California Primary Care Association is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) . Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. **Social workers completing this course will receive 1.5 credits.**

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ASWB approved continuing education

California Primary Care ASSOCIATION

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Continuing Education Credit (CEC)

- In support of improving patient care, the Learning Center has partnered with the California Primary Care Association (CPCA) to provide continuing education for the healthcare team:
- Accreditation Council for Continuing Medical Education (ACCME)
- Accreditation Council for Pharmacy Education (ACPE)
- American Nurses Credentialing Center (ANCC)

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INTERPROFESSIONAL CONTINUING EDUCATION

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Welcome

While we're waiting, please rename yourself.

RENAME YOURSELF

1. **Click** the Participants icon
2. **Hover** over your name & click rename
3. **Add** your name, pronouns, and organization
4. **Click** OK

**Please no acronyms*

ON PHONE AUDIO?

Here's how to connect.

1 Find your participant ID in the top-left of your Zoom window.

2 Press #number# (e.g., #24321#) to connect.

3 You'll see: "You are now using your audio for your meeting."

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Housekeeping Reminders

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	**Mute**	We'll mute lines during the presentation to prevent background noise.
	**Questions**	Submit questions using the chat feature or unmute and ask!
	**Slides + Recording**	Slides and recording will be posted to PopHealth Website and emailed out after the session.
	**Tech Issues**	Private chat **Kathleen Figoni** for assistance.

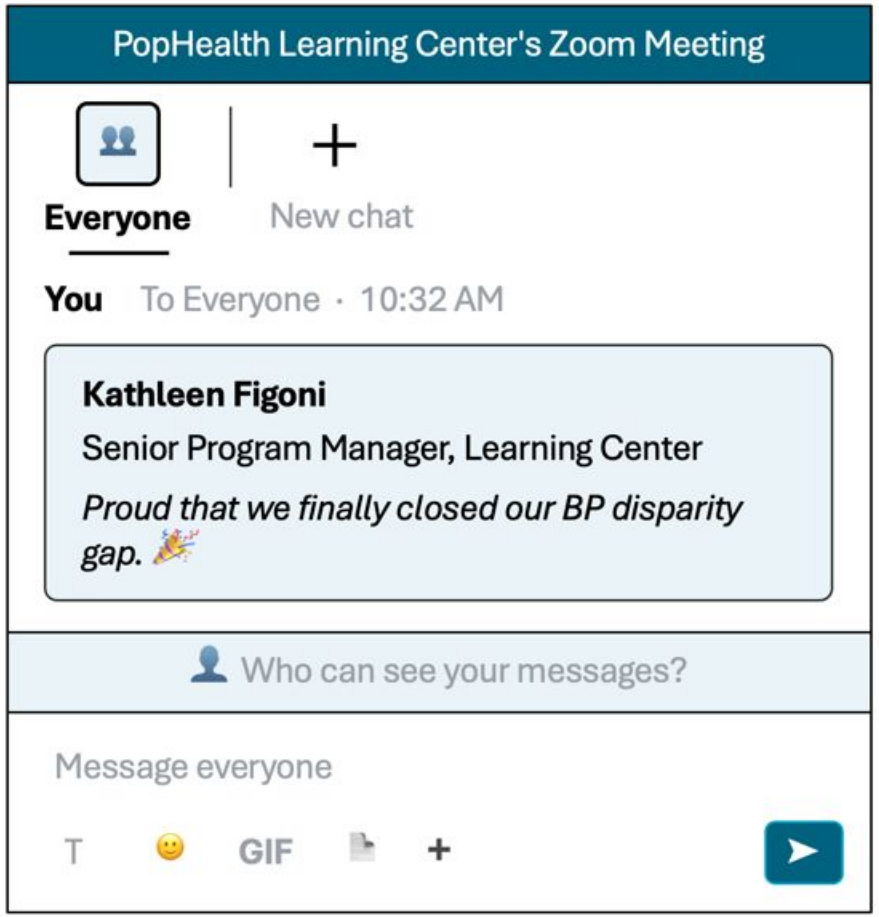
WELCOME · PLEASE CHAT IN

Introduce Yourself in the Chat

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IN YOUR MESSAGE, INCLUDE:

1. **Your Name**
   First and last
2. **Your Role**
   e.g. Medical Director, Care Manager
3. **Your Organization**
   Practice Name
4. **We'd love to hear if you've had a chance to deliver an MI workshop to anyone, even a short or informal one.**



Welcome Back, MI Facilitators!



Outside of your close family-

who are you grateful to, and why?

Today

Relationship-Based Learning Review

Stories & Examples – group practice

Using Research

Setting Up Practices

Facilitation Planning – group discussion

Check in + Practice MI

Sharing:

A decision you need to make, and you don't know what to do...

Practicing:

- ✔ Know nothing mind
- ✔ Reflection of Feelings
- ✔ Open Ended Questions

If you get stuck: *"tell me more..."*

NO ADVICE :)

Relationship-Based Learning

30% practices for social lelarning

HOW we are training matches
WHAT we are training

Participants feel cared about,
respected & energized

People can recognize what they
already know


The principle of rolling with resistance
The discipline of MI

We couldn't load the Menti slide

Exit slideshow mode, then select the Menti slide you want to add. After selecting your slide, start the slideshow again.

If the issue persists, please reach out to us at hello@mentimeter.com

Copy diagnostics

Stories & Examples:
5 minutes to write:

A (2 min) story that shows:

1. An MI skill

OR

2. A struggle with MI skills

1. Example of an open-ended question vs. a closed ended questions
2. **Example of empathic reflection**
3. Example of pre-contemplation
4. **Example of contemplation**
5. Example of low importance
6. **Example of low confidence**

Setting Up Practices:

1. Clear Instructions
2. Reinforce psychological safety
3. Demonstrate if paired in facilitation
4. Remind:
No role play & No advice
5. **Timed**

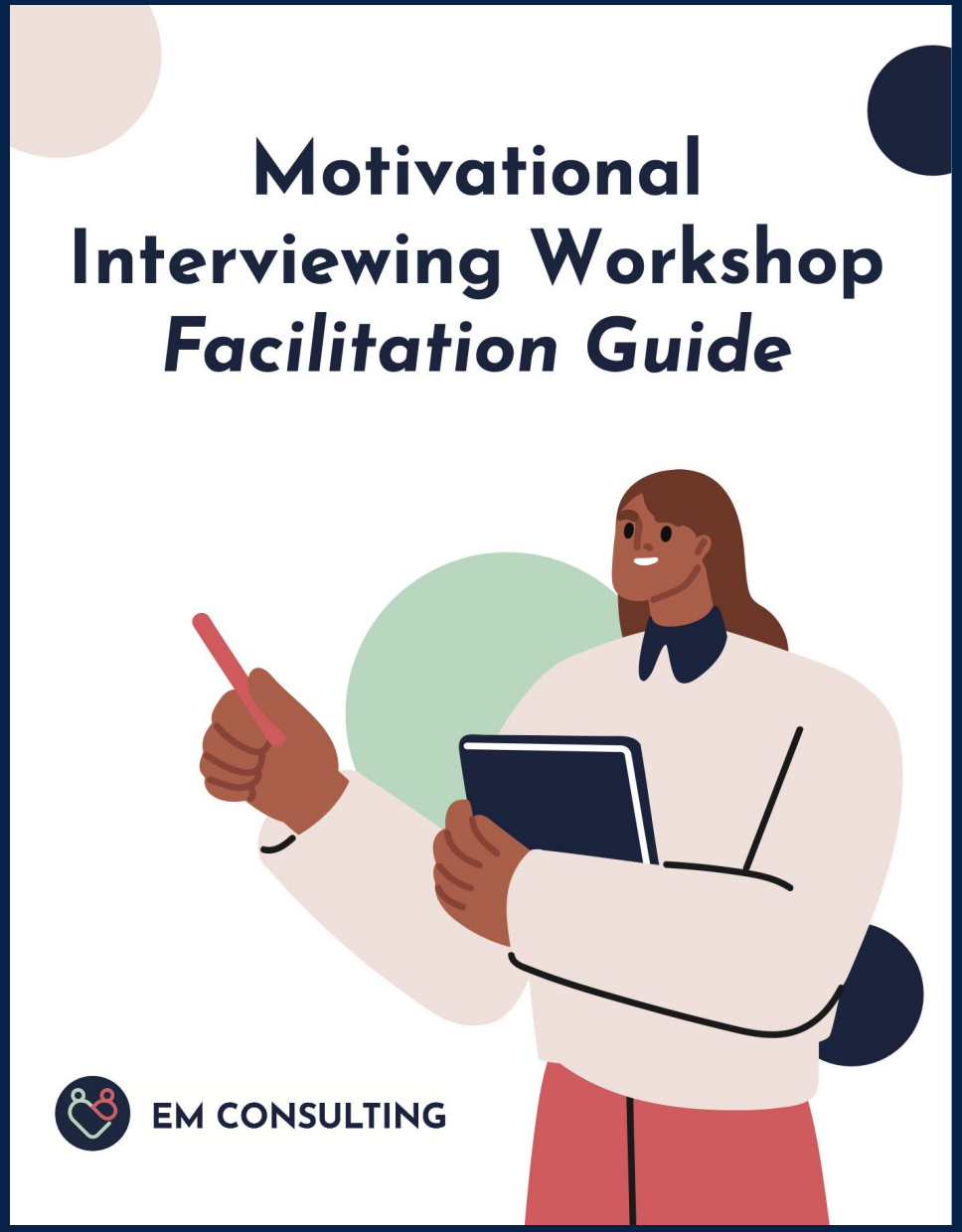
Citing Research:

1. When it is valued by participants
2. When it is Compelling to you
3. Cite Something Specific

Remember:
We don't have to be experts.
We are fellow practicers.

Planning for **MI Workshops** at your organization

- Who is on your team?
- **How to begin?**
- **For Who? When? Where?**
- Probable challenges...
- Probably solutions/strengths....



Resources

Elizabeth@emorrisonconsulting.com

Close & Next Steps

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NEXT STEPS

Evaluation

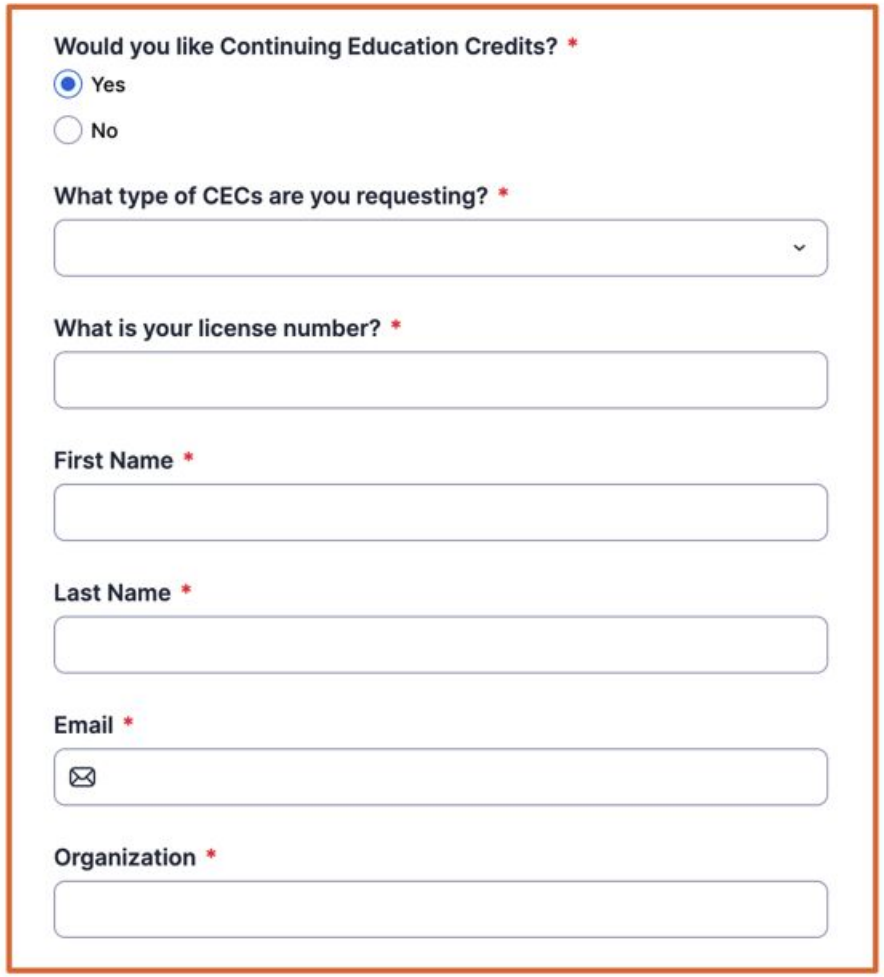
We want to hear from you! Please share your experience & reflections from today's webinar

Please fill out the evaluation.

Choose **Motivational Interviewing Foundations Thursday, October 15** as the date.

When completing the evaluation, you will need to confirm that you would like to receive CECs and provide the necessary information to receive them.

The link will be posted in the chat and shared in the follow up email.



https://app.smartsheet.com/b/form/019f7830a3827b3fba32d243786c2f72

TECHNICAL ASSISTANCE

Key Reminders

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1	**Final Submission Cycle**	The final submission cycle is open and closes November 2, 2026.
2	**Office Hours**	Join us for *optional* weekly drop-in office hours throughout October during our final submission cycle.
3	**What Comes Next?**	Join us for a webinar on Friday, November 20, 12:00–1:00 PM, to hear what comes next after EPT.

Thank you!

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